August 2019

Saving Lives Suicide Prevention Innovation fund

The Saving Lives Suicide Prevention Innovation Fund, is now open again. Applicants can bid for up to a maximum of £15,000. Funding will be awarded to organisations who have new or emerging ideas designed to prevent suicides, save lives and reduce self-harm. Applicants will need to show why their idea is innovative and be able to demonstrate engagement with people who have lived experience. The deadline for submission is Thursday 5th September 2019. We anticipate most funding going to community level organisations and at least £20,000 will be awarded to projects working with children and young people. To apply and find out more information go to:


Mental health support for schools

I’m pleased to share with you that we have won a bid to host a mental health support team (MHST) to help young people who are experiencing mild to moderate mental health issues in schools and colleges.

The MHST, which will be hosted by NHS Canterbury and Coastal CCG, will be recruited from autumn, and we will be working with colleagues in NELFT NHS Foundation Trust and Kent County Council to deliver this work.

MHSTs form part of the Long Term Plan to ensure that more children and young people aged 0-25 will be able to access support via NHS-funded mental health services, including through schools and colleges.

There will be more about this exciting piece of work as it develops.

Kent and Medway Domestic Abuse Strategy

The Kent and Medway Domestic Abuse and Sexual Violence Executive is consulting on a partnership document which details the vision and strategy for preventing and reducing domestic abuse in Kent and Medway. Working collectively to meet the aims and objectives within this strategy will help to ensure that when people experience abuse, they can access the help and services which they need.

The strategy discusses five key priorities:

- Driving change together - emphasising the importance of promoting change
through joint commitment, leadership and partnership working,

- Prevention and early intervention - seeking to reduce the incidence of domestic abuse through effective preventative support,
- Provision of services - having responsive and effective services for groups at risk of, or subject to domestic abuse,
- Minimising harm - equality of access to all and supporting a person or family through longer term support needs,
- Justice, recovery and ongoing protection - provision of effective, engaged, supportive, responsive and timely protection and justice.
- Domestic abuse is a widespread crime which affects many people. Together we can better help those affected and reduce its impact.

More details about the strategy for preventing and reducing domestic abuse are available on [www.kent.gov.uk/domesticabusestrategy](http://www.kent.gov.uk/domesticabusestrategy), with the consultation running until 30 September.

**Armed Forces Mental Health Awareness Training**

Dover Council are running an Armed Forces Mental Health Awareness Training day on Thursday 26 September 1 – 4 pm at Dover District Council, Council Chamber, White Cliffs Business Park, Dover, Kent CT16 3PJ

The course is an introductory 4 hour course looking at mental health and how to support those who are members of the armed forces community.

To attend contact: stacey.clark@dover.gov.uk

Dover Council are conducting an armed forces survey to take part in this go to: [www.surveymonkey.co.uk/r/haveyouserved](http://www.surveymonkey.co.uk/r/haveyouserved)

**Local Mental Health Information**

For information and about support to help you improve your mental health and wellbeing please go to your local CCG Mental Health pages:

- Ashford CCG
- Canterbury CCG
- South Kent Coast CCG
- Thanet CCG

If you have any additional suggestions or ideas for your local mental health pages please email Louise or Sarah at the email below, thank you.
Click on the logos to go to the websites or download the apps at your android or apple app store for free.

Please do not send any emails containing patient identifiable information to this account. If you have any queries about this please contact me to discuss.

This message may contain confidential information. If you are not the intended recipient please inform the sender that you have received the message in error before deleting it. If you have received the message in error please do not disclose, copy or distribute information in this email or take any reliance on its contents. To do so is strictly prohibited and may be unlawful. Freedom of Information (FOI) requests: ekccg.foi@nhs.net | Complaints: ekccg.complaints@nhs.net.

The East Kent Mental Health Commissioning Team would like to keep in touch with you about our work in East Kent and opportunities to get involved in projects and have your say. We will never sell your data and will keep your details safe and secure. If you want to discontinue receiving emails from the East Kent Mental Health Commissioning Team please reply to this email or contact ekmentalhealth.commissioning@nhs.net. You can withdraw your consent at any time by contacting the East Kent Mental Health Commissioning Team. To see your local CCGs Privacy Policy go to Ashford | Canterbury | South Kent Coast | Thanet.